

DISTRICT 4 MEETING MINUTES AUGUST 15, 2026

Attendees

In person: Chris, Cassandra, Carol, Gina, Mollie, Ayisha, Cathy, Renee, Phoebe, Heather, Lisa

Via Zoom: Linda, Susan, Eric, Robin

OPENING

Alternate D.R. Chris opened the meeting with the Serenity Prayer.

The minutes of the June 27, 2026 meeting were reviewed and approved as written.

DISTRICT REPRESENTATIVE REPORT - Chris W, Alternate D.R.

Chris: Discussed the importance of understanding service participation as we are coming into elections this Fall. He referenced the printed copies of My Service Inventory/ My Service Journey from the 12 Stepper Spring 2026, page 18. He also went over upcoming service positions printed out.

Chris: Asked if we are involved in institution outreach.

Cassandra: Responded that there is a contact with an AI-Anon member in Susanville, which is near a state prison.

Ayisha: Responded that our local Alateen AMIASES are requesting to go into Shasta County Juvenile Hall Rehabilitation Facility for outreach there.

OFFICER'S REPORTS

Treasurer - Gina: Shared the financial statement. She asked for clarification as to where she should add the previously requested prudent reserve section to the financial statement. She still needs to add a Tax I.D. which will allow for electronic payments. She said that she would like a co -treasurer, assistant, or person willing to take the Treasurer's position. She said that she will be happy to shadow the person and help them with this transition. Gina added that if you need to get ahold of her, please text her as she will see this message sooner.

Secretary - Lisa: Reported everything is going well.

Website - Phoebe: Asked that materials for the website be sent to her in PDF format, as this will really support her process. And please provide changes, additions &

announcements 2 WEEKS IN ADVANCE of the upcoming District meeting. She shared that she has a serious health condition that sometimes makes it difficult to manage last minute additions sent to her. Honoring this 2 week guideline will be very helpful.

Winterfest - No reports

Alateen - **Ayisha:** Said that they are searching for an inexpensive place to hold Alateen meetings when they start back up. They are considering Unity Church, which may have a free meeting space for them.

Additionally, they are looking into holding meetings at Juvenile Hall to attract Alateen interest and attendance for those detained at this facility.

Carol: Introduced our newest AMIAS, Chris W. We now have a total of 12 AMIASES in District 4.

Ayisha & Carol: Reported that Alateen will have a table at Recovery Happens, Sept 12th, 10 AM - 2 PM, at the Redding City Hall Sculpture Park.

Group Records - **Linda:** Asked that GRs send her any changes in their group records so that she can keep accurate records overall.

Cassandra: Said that the Area Group Records Coordinator has also requested that all updated records be sent in for the Stepper.

Phoebe: Asked if everyone received the form in the mail from WSO confirming Current Mailing address and group and GR information.

Cathy: Suggested that when Group Reps get this request information form from the Area, that they in turn share that same information with Linda for *her* records.

NEWSLETTER - **Heather:** Was disappointed to receive the latest newsletter HALF THE SIZE as normal. However this mistake gave the group a visual of this smaller size and they decided to order this smaller size for the Day In Al-Anon tables.

LITERATURE- **Renee:** Said that she is catching up with orders after her vacation. New Service Manuals are getting distributed to Group Reps. Each Group Rep gets a free copy. Please contact her if you need this new Service Manual. If anyone wants an additional copy, the cost is \$11.

TELECOMMUNICATIONS - **Susan:** Reported that she returned all calls that came into the District phone messaging system. Everyone she spoke to said that they gathered all the info they needed from the website. (The phone message refers them to the website when they call.) So good job Website Coordinator, Phoebe!

PUBLIC OUTREACH - **Ayisha:** Said that she volunteered at the Al-Anon table during the Redding Rancheria Health Fair. She handed out 2 invitation-tickets for the Day In Al-anon event to interested community members. These tickets enable the holder to attend Day In Al-Anon, free of charge, encouraging new membership.

DISTRICT E-MAIL COORDINATOR - **Phoebe:** Is still looking for an interested member to serve this position. We have 104 email subscribers and 15 text subscribers. She shared printed 'text sign-up sheets' to Group Reps who wished to take these back to their groups. Lisa offered her email address and phone number to any GR on Zoom who wanted a hard copy mailed to them.

GR REPORTS -

- 1) Saturday morning - (Shasta Lake City) hybrid - Chris W
 - 2) Monday morning - (Yreka) Mary S
 - 3) Monday night - (Susanville) Kathy H
 - 4) Monday night Al-Anon (Redding) Ayisha
 - 5) Monday night Zoom (Redding) Susan
 - 6) Tuesday morning (Mt Shasta) Al
 - 7) Tuesday noon (Redding) Robert W
 - 8) Tuesday evening (Redding) Zoom - Eric F
 - 9) Tuesday evening (Alturas)
 - 10) Wednesday evening (Scott Valley) Susan
 - 11) Wednesday evening (Redding) hybrid - Cathy A
 - 12) Thursday morning (Redding) Phoebe
 - 13) Thursday afternoon Alateen (Scott Valley) Susan reported that there is an Alateen meeting at Fort Jones Middle School and they have been invited to start Alateen at the Etna/Fort Jones area high school.
 - 14) Thursday afternoon (Weaverville) Christina
 - 15) Thursday night (Yreka) Pat F
 - 16) Thursday evening (Anderson) Carol
 - 17) Sunday (Red Bluff) Mollie (No longer meeting)
- Mollie reported that a person at the Red Bluff Round-Up had signed up at the Al-Anon table to attend meetings, in the hopes that a group in Red Bluff would start up again. Mollie will invite this person to accompany her to Anderson meetings for now.

NEW BUSINESS

none

ANNOUNCEMENTS

Cassandra: Reported that Area level elections are coming up October 16,17,18 2026 - NCWSA Election Assembly Doubletree Hotel Modesto, CA.

And our District 4 elections are also happening in October.

District positions to be filled are:

Treasurer, Alateen Coordinator, Group Records Coordinator, Newsletter Publisher, Public Outreach Coordinator, District Email Coordinator, District Alateen Processing Person (DAPP).

Ayisha: Reminded us that it is OUR job to motivate members to go to the election assemblies to encourage rotation of leadership. So let our members know about the coordinator positions. These positions are listed on the NCWSA website. General members can also attend Assemblies on Zoom free of charge. (Group Reps still need to pay the registration fee to attend via Zoom).

The area has finances to assist Group Representatives to attend. This includes food, mileage and room costs. Be sure to request financial assistance 1 month ahead of time. Registration to attend the Assembly is \$30. This includes food provided by the hotel for the Assembly attendees during the event.

Day In Al-Anon 2026

Chairperson Phoebe: Said the event planning is going great.

There are already 19 people registered to attend DIA. Members are signing up to volunteer. GRs, Please ask your members to donate items so that each group can bring gift baskets or other gifts for raffle prizes during the event.

Registrar Robin: Said that GRs can call her and meet to turn in registration forms and money. (530) 515-9248.

Next District meeting:

September 26, 2026

Upcoming District meetings:

October 24, November 14, and December 12, 2026

