

2/15/25

District 4 AI Anon Family Group Business Meeting Minutes

Taken by Mike McIntyre

1. Serenity prayer
2. Request to record minutes
3. Roll call by Cassandra

Cassandra invites Bob our area treasurer to speak about why we donate to WSO.

Bob explains that our groups are the top of our inverted triangle and the ultimate authority is with our groups. We are purchasing services by donating to WSO. This allows our service arms to serve us. The WSO is \$1 million in the black because of our new AI Anon book. We give dollars to keep money close to home surplus go to area and then WSO to service us.

4. GR Reports

- 1) Saturday morning,(SHASTA, Lake City), Chris W. GR. Chris W present and is in contact with in group. Maybe AI Anon could get together more with AA. Group is healthy and selling books. Some newcomers and people are getting sponsors. Chris said Toby's outreach efforts are bringing newcomers.
- 2) Monday morning(Yreka) Christina is the group rep and she was present. She said there are 8 to 10 people at their meeting.
- 3) Monday night (Susanville) Diane is in contact but not group rep.Five people in attendance. Spoke to Cassandra about literature depot.
- 4) Monday night AI Ateen and AI Anon (Redding) Carol present. 5 to 6 people going to AIAnon currently No AI Ateens are in attendance. Carol says they have a lot of outreach literature and materials schools might be the way to reach teens.
- 5) Monday night, Zoom(Redding) Nancy H emailed a report 14 members on average in attendance. They made a contribution to district 4, AI Ateen, and WSO no newsletter needed they go on the website.
- 6) Tuesday morning(Mount Shasta) Marga is relaying information for the group. There are two or three online and 10 to 20 in person. No GR yet.
- 7) Tuesday noon(Redding)Robert W is the group rep. There are 20 to 24 regulars. There are newcomers attending. We made a contribution to area level. Toby is doing well with outreach. All service positions are filled. Our format seems to work for this meeting. We do traditions steps topics and literature as topics. Cassandra said the meeting has a good vibe and Toby added that our time and location are good.
- 8) Tuesday evening, (Redding) Zoom, Eric F from Forest Hill they have a small group with 5 to 6 regulars. It's a good meeting.
- 9) Tuesday evening,(Alturas), not in attendance
- 10) Wednesday evening, (Scotts Valley) Julie W is GR. Meeting is going well 10 to 14 in attendance someone stepped up to do literature. Several from group went to Winterfest.

- 11) Wednesday evening,(Redding) Cathy A is GR. It's a women's meeting. The meeting switched to room next door. Sometimes there's 8 to 10 or 13 to 14 they're making their rent. They have plenty of literature and all service positions are filled.
- 12) Thursday morning(Redding) De De is the GR. She wasn't here. Phoebe said there were 15 to 20 on regular in attendance . They're good financially they're contributing to the WSO and district there are a few newcomers newcomers did comment that Tuesday is designated as a newcomers meeting on the Internet.
- 13) Thursday afternoon Al Ateen(Scotts Valley).Julie spoke for the group. There are 3 to 4 kids at Scotts Valley. there were six kids at the last meeting at the junior high in Scotts Valley.
- 14) Thursday afternoon (Weaverville) Christina is the contact. Cassandra has heard nothing from them.
- 15) Thursday night,(Yreka)Pat F Christina has been out but is healing. Julie asked about Helen. Margo said Helen had fallen but is healing in Oregon near her son.
- 16) Thursday evening(Anderson) Gina said there are 8 to 10 consistently and some newcomers. They voted to donate to WSO and district and area. They have a literature person and treasurer.
- 17) Sunday (Red Bluff)Molly is the GR. Carol said Molly attends. There are 2 to 3 people consistently.

5. Officer Reports

- 1) Secretary Report, Mike M. stepping down as secretary of district meeting.
- 2) Treasury report Gina income is 8331.64 expenses 7274.21 net 1057.43 Day in AIAnon brought in most of income 1250.70. Our prudent reserve is 2700 to cover basics in case of emergency district would need to grant for extra things. Carol commented if things were covered by budget already in place a disbursement could be made. Donations to area and district are considered an expense. Our net ordinary income is 1200. Heather stated that we were shorted but charged for 10 newsletters decision to donate is up to us our last donation to WSO and area was December 2022. Will decide next meeting if we're going to make a contribution.
- 3) Website Phoebe and Heather are working well together. Phoebe gave a hand out of screenshots of website pages. Phoebe wanted feedback on a blank spot on the website that she could put a link to podcasts of members sharing experience, strength, and hope. After a lot of discussion it was voted on and suggested that Phoebe find some conference approval literature as a brief discussion to lead into the podcasts.
- 4) Winterfest Report Cassandra said, announce at groups that if anyone is looking for a service commitment that Winterfest is a great opportunity Ayisha said Winterfest is an AA event and they have allowed Al Alon to come to the table. AA pays for the AI Anon speaker, travel and lodging AIAnon chair and cochair responsible to get the literature table together and manning it doing readings and getting a speaker.The cochair's purpose is to step into the chair position after two years. Sheila commented that there was some literature missing from the Winterfest event. Toby suggested maybe it was just accounting problem.

- 5) AI Ateen Report Ayisha said that AI Ateen is struggling. Ayisha suggested that maybe an event where we get AA and AI anon families together might help. Possibly an event at the lake. One in four kids is effected by alcoholism. Carol said that Amias have to be certified every year by May 1st and five have recertified this year and Been to B 17 training on zoom.
- 6) Group Records Linda said that group records are changing because people can go online direct. Linda said she is available to people that can't go online and her email is on the website.
- 7) Newsletter Report This newsletter was six pages this time and the newsletter is one dollar per copy. Heather paid for 45 newsletters but got 35 so she's owed 10 newsletters. Also online the question remains how many copies will be available to individual groups. Ayisha stated that in our area each of our 17 groups gets one copy for members and members can take photos. Each of the twelve officers get a copy as well. Roughly 30 copies for our district equates to 180.00 per year. There is a lot of discussion about who should be paying for additional copies if more members want hard copies for themselves.
- 8) Literature Sheila said there is no news.
- 9) Telecommunications Cassandra said Susan is working on it.
- 10) Public outreach Toby said that prior to this district meeting today there was a public outreach meeting. Toby proposed to move up public outreach on the agenda to allow more time for discussion. There was discussion regarding length of meeting and if there are things that didn't need to be discussed at every district meeting. Possibly to streamline meeting. Toby suggested that outreach could be a service position at a group level and asked GRs to please talk about this to their groups for their input. Sheila asked if Toby needed more materials.
- 11) District email coordinator Phoebe said it's going well

5. New Business

Moving additional funds to outreach is being considered and Toby said let's hold off until the outreach committee has a chance to meet. Next meeting we'll discuss outreach budget. Sheila will be ordering 200 Help and Hope pamphlets. Cathy A thinks we should put Day and AIAnon on the agenda. Cassandra said we need to plan a theme, facilities, food, decorations, and a budget and we need to fill positions. Ayisha said there was a vote and the district was the committee for Day and AIAnon Saturday, March 15 from 12:30 to 1:30. We will vote for a sub committee for a day in AIAnon to pick positions. Let Phoebe and Heather know to put on website.

6. I: The last time for NCWSA was 2019 and the next one is postponed until 2026 because it's been considered too expensive.

II: Group Name Policy is crafting a Thoughtforce. This is coming from WSO to make AI Anon more inclusive. Existing groups are grandfathered in.

May 17th Assembly is online the 1st Day is Saturday May 17th.

Next District Meeting is April 26th.