

District 4 Al Anon family group business meeting minutes

June 15, 2024

Secretary: Mike M.

1. Serenity prayer.
2. Roll call by Ayisha.
3. Group reports.
 - 1) Saturday morning Shasta Lake City hybrid Chris W. GR. Carol said room is growing.
 - 2) Monday morning Yreka Mary S. GR meeting going well.
 - 3) Monday night Susanville, Kathy H. GR
 - 4) Monday night zoom Redding, Nancy H GR Julie said meeting is strong.
 - 5) Tuesday morning Mount Shasta Nancy here no GR strong meeting hybrid 8 to 10 regulars more service needed.
 - 6) Tuesday, noon Redding, Robert W. GR , Toby said 16 to 25 people in attendance.
 - 7) Tuesday evening Redding zoom Eric F. G R consistent 5 to 6 regulars. Carol P. Has items to donate to other meetings.
 - 8) Tuesday evening, Alturus
 - 9) Wednesday evening Scott Valley Julie W. GR meeting going well 10 to 15 having trouble getting people into service.
 - 10) Wednesday evening, Redding Cathy A meeting going well 17 women half stayed for business meeting two or three hybrid.
 - 11) Thursday morning Redding DeDe GR , 20 people and regular attendance newcomers are stepping up to service.
 - 12) Thursday night Yreka Pat F. GR meeting going well.
 - 13) Thursday evening Anderson Gina GR, Linda reporting 10+ people and newcomers.
 - 14) Sunday Red Bluff, Molly GR Carol said small meeting needs support near hospital.
 - 15) New meeting Weaverville Christina nothing new.
5. Officer reports.
 - 1) Ayisha reported on assembly

- a. Al anon memberships
- b. Al Anon on beach day.
- i. Ayisha wants to fill Al Ateen coordinator position.
- ii. Winterfest Co chair still looking for a co chair who will work with Dee from AA.
- 2) Secretary report
- 3) Treasury Report
 - 1. District needs more money, plea groups.!
 - 2. Day in Al Anon
 - 3. Cathy A. said to explain to groups that the plea letters are in addition to the seventh tradition.
 - 4. Carol said 60/30/10 Split can be changed with a vote if there's excess it can go back to the kitty.
 - 5. We don't want to use ample reserve.
 - 6. Gina and Carol will come up with target contributions.
 - 7. Margo suggested meeting spots that might be cheaper to rent.
 - 8. Eric, how many dollars per Al Anon member.
 - 9. Rita, how much each meeting responsible for?
- 4) Website report
 - 1. Phoebe reports that website is going well thanks to members that help pointing out glitches.
 - 2. The new website is making it easy for people passing through to find us.
 - 3. Ayisha is checking with WSO to see if focus box is allowed.
- 5) Winterfest report nothing new.
- 6) Al Ateen report Carol the district Amias there's nothing new to report.
 - 1. Waiting to hear from newest applicant.
 - 2. Two teens are consistently showing up to the Al Ateen meeting.
 - 3. Not an official meeting yet no number assigned to the meeting. It's at the library right now to save money. July and August it will be at the episcopal Church.

4. There is an Amias group zoom to support our seven Amias's in our district.

7) Group records no group changes contact Linda by email.

8) Newsletter report

1. Heather is checking into cheaper printing costs, print and electronic.

2. We could print it ourselves and include a QR code that could include minutes and financials. Next district meeting we will vote on what to include in the newsletter.

3. All information should be available to AI Anon members. Cathy A suggested to give Brief bits of information at meetings.

9) Literature Online forms may be coming. Cathy A said that new book sales are slowing down.

10) Telecommunications Vicki is needing to give up this position.

11) Public outreach and information report.

1. Toby would like an outreach coordinator alternate.

2. What are our needs and where do we distribute our materials?

3. Ayisha said there is a zoom account available free of charge to outreach.

4. We need 100 more copies for outreach.

5. Heather will help Toby with a tear away flyer.

6. New business.

1) A unanimous vote was taken to support a new AI-Anon meeting next to the AI Ateen meeting at the All Saints Episcopal Church at 2150 Benton Dr. Redding.

2) Online banking. Gina asked if we could donate online. Gina will get cost associated with banking online and we are to ask groups about how they feel about it.

3) Going to Stepping Stones. Stepping stones is Bill and Lois's actual house in New York where our program got its start. It has historical value to our program. Ask our groups to see if they will support sending our delicacies to New York while attending assembly.

4) WSO has extra money.

7) Announcements October assembly is three days the 18th 19th and 20th. The cost is about \$300.00 per person two people per room. Ayisha said this is a good event to attend.
my iPhone