



NORTH STATE AL-ANON NEWSLETTER

MAY-JUNE 2024

**NEW
ALATEEN MEETING**

If you are ages 13-19 and love someone with alcoholism or addiction we would like to meet with you!

Alateen is Al-Anon for Teenagers 13-19

When: Every Monday 7-8pm

Meeting location: All Saints Church 2150 Benton Dr, Redding, CA 96003

**For More Information
Contact Ayisha at 530-521-6999**

What is North State Al-Anon?

We welcome you to the North State Al-Anon Newsletter!! If you live, or have lived, with the problem of alcoholism in a relative or friend, you have a home in the Al-Anon Family Groups.

AL-ANON DISTRICT 4, NORTHERN CALIFORNIA services Lassen, Modoc, Shasta, Siskiyou, Tehama & Trinity counties.

Communities served: Alturas, Anderson, Cottonwood, Etna, Mount Shasta, Red Bluff, Redding, Shasta Lake City, Weaverville & Yreka.

Our Highlights ~



NEW Alateen Meeting on Mondays @ 7, All Saints Church



NEW Meetings: Thursdays, 12-1pm, Trinity Circle of Hope, Weaverville & Sundays, 6-7pm, Newcomers at Heart, Red Bluff.



District 4 wants to know if groups want to donate money via payment apps like VENMO, PAYPAL, CASHAPP, ZELLE, etc? Inform your group reps. See page 2 for details. 😊

DISTRICT MEETINGS



**Saturday, June 15th
@ 10:30am**

**Saturday, August 17th
@ 10:30am**

**Hybrid meeting. Physical
address: Methodist Church, 1825
East St. Redding. ***NEW*** Zoom
meeting ID: 867 0728 9465 /
Password: 169141**

**NEW ZOOM
MEETING
LINK!!!**

Step 6 - Were entirely ready to have God remove all these defects of character.

God



Tradition 6 - Our Family Groups ought never endorse, finance or lend our name to any outside enterprise, lest problems of money, property and prestige divert us from our primary spiritual aim. Although a separate entity, we should always co-operate with Alcoholics Anonymous.



Contributions via Payment Apps

District is looking into online donations. Does your group find it convenient to donate money via payment apps like VENMO, PAYPAL, CASHAPP, ZELLE, etc?

Please ask your group treasurers and let your group reps know or email alanon.info.dist4@gmail.com



25th Annual Red Bluff Recovery Roundup

June 22, 2024

**Veterans Memorial Hall - 735 Oak Street, Red Bluff
(At the corner of Oak and Jackson)**

Gratitude



Doors open 9:30

H & I Speaker 2:30 - 3:15

Morning Speaker -
10:30 - 11:30

Old Timers Panel 3:30 - 4:30

Carey S. - Richmond

Dinner 5 - 6

Lunch 12 - 1

Al-Anon Speaker: 6:15 - 7
Ayisha B.

Young People's Panel
1:15 - 2:15

Evening Speaker meeting
Cindy C. - Alturas/Mexico

District 4: Looking for service:

District 4 open positions:

- Alateen Coordinator
- Winterfest co-chair

Stay Connected:

Receive site updates: go to our home page, click on "Stay Up to Date"; or send an email to alanon.info.dist4@gmail.com



Step 7 - Humbly asked Him to remove our shortcomings.



Tradition 7 - Every group ought to be fully self-supporting, declining outside contributions. HUMBLE

Al Anon Words

N G A X S P I R I T U A L A W A K E N I N G M O
 Z M G Y Z U S A J P E F C P D P C C H S X U N Z
 P Z R P W V P V A K X A W M W B U T P G Y A L J
 M N G O M R J X B S Q C S C R X E M K W R M J W
 G I G M O E W O X Y W L V L F S P I C A N H Y T
 L W F I R S T T H I N G S F I R S T C T I L O N
 I Y T Z N E Q Z K H X N N F U P B G S L J M Q W
 V C R E R P J C V F D R X Z Q J S V Y M D F N I
 E J S O Z T G K F V W B O R V X Z Q M T K K W M
 A N X W T O D E M I T A T A Y A D E N O S L H J
 N H Y R U N Z X D O C S T U A B N N X L B I T U
 D D A U S Y E T Y Z R Q N V Z H V D T E S S A V
 L K T G U X I V O J C E I E Y E J P P T I T I Q
 E E N M N A Z F N K P W X D E H D G B G B E R R
 T N I V M Q S R W I Y A P P C B X G D O V N H O
 L H B G D K F K Q Z S T O T I S E O D Y S A E N
 I X P A A J H S U D H S A L I O B K G W Z N V H
 V P L D Y O L U E V O D E D J P H N P S D D C V
 E Y A F Y O U U X R S G G L Y Z T I R I F L V J
 F O N Y I Q Y U R L T G T N R F M H I L I E D M
 G G H X A B Y A M O Y B W E Y A Q T Q V O A B O
 B Y O W Z Y W H W E A P C C L I E A N P W R H I
 N T K E E P I T S I M P L E N R L F L K C N G T
 E E N S Q Q M V F L Z N H L Y Q Z Z O V S K P N



The Gift of Letting Go

IN THE LOOP
 NEWS FROM YOUR WSO

Subscribe Here for online OR

Go to: <https://al-anon.org/members/wso/news-from-the-wso/>



spiritual awakening fearless inventory first things first
 live and let live one day at a time listen and learn
 keep it simple easy does it let god
 let go think

NCWSA ASSEMBLY MAY 4TH-5TH, 2024



THE NORTHERN CALIFORNIA WORLD SERVICE ASSEMBLY (NCWSA) IS THE LARGEST GROUP CONSCIENCE FOR NORTHERN CALIFORNIA AL-ANON FAMILY GROUPS. REPRESENTATIVES FROM GROUPS AND DISTRICTS COME TOGETHER TWICE A YEAR TO MAKE DECISIONS ON BEHALF OF OUR FELLOWSHIP. THE NORTHERN CALIFORNIA WORLD SERVICE COMMITTEE (NCWSC) IS MADE UP OF AREA OFFICERS, DELEGATE, COORDINATORS, LIAISONS, AND DISTRICT REPRESENTATIVES. NCWSC MEETS THREE TIMES A YEAR.

NCWSA ASSEMBLY MAY 4TH-5TH, 2024 CONT'D

VETERAN'S MEMORIAL BUILDING- 1351 MAPLE AVE., SANTA ROSA & ZOOM

Upcoming Committee Meeting Dates: 8/9 - 8/10

Next NCWSA Assembly – Four Points by Sheraton 5115 Hopyard Road. Pleasanton, CA 94588; 10/18 - 10/20

The annual spring assembly took place May 4th and 5th in Santa Rosa, California. While many were there in person, approximately 130 people attended online. The officers such as the treasurer gave a financial report, and Andrea, our area alateen processing person gave her report as well. The longest report came from our delegate Chris M. She spoke about the world service conference and the staff at the WSO. She also spoke about al-anon at the international level, Stepping stones, and upcoming events. She finally went over some more financial information and explored projects and other business. May 5th was a meeting for district reps, and Northern California Committee members to vote for new officers and go over their reports as well. It was a very busy, but productive few days of business for everyone who attended.



For more information, and specific reports, please visit the al-anon northern California website, <https://northstatealanon.org/>.

Thank you for letting me serve
Cassandra V (District 4 alternate DR)